

Conditions Treated

Irritable Bowel Syndrome

Food Sensitivities

Low Energy

Thyroid Disease

Adrenal Fatigue

PMS

Perimenopause

Seasonal Allergies

Anxiety, Depression, Grief

PTSD, OCD, ADD/ADHD

Concussions, Traumatic Brain Injury

Autoimmune Diseases (Crohns/UC, Hashimotos)

Optimizing Wellness in Children and Adolescents

Natural Foot Care (Plantar fascial pain, Bunions, Neuromas, Flat feet, Metatarsalgia)

Do you experience any of these?

Low Energy, Anxiety, Depression, High Stress

Dr. Camella (Mia) Potter can support you with alternatives to medications as a naturopathic physician. Visit www.growintegrativehealth.com or call 503-856-2488

Dr. Camella (Mia) Potter, N.D. received training in a 4-year accredited naturopathic medical school. She worked in a busy integrative primary care clinic experiencing over 2,000 appointments in one year before starting her private practice 10 years ago where she has the opportunity to spend more time with patients. She is passionate about equipping and educating people with tools to work through triggers, trauma and repeating patterns that impact mental health, energy and lifestyle. Tools include botanical (herbal) medicine, nutrition, homeopathy, exercises to support your nervous system and LENS Neurofeedback.

Dr. Potter understands that health involves physical, mental and emotional aspects and also addresses underlying digestive and hormonal issues which can relate to low energy, anxiety and depression. Feel free to contact us with more questions or to see if Dr. Potter is a good fit for you and your health journey.



Optimal Wellness for Kids



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Do you ever wonder....

If there is something other than antibiotics when your child is sick? Anything other than medication to support your child when diagnosed with ADD/ADHD? Any support if your child has digestive or sleep issues? or How you can help your child grow and be as healthy as they can be?

Dr. Camella (Mia) Potter, N.D. has clinical and personal experience as a naturopathic physician, as well as a mother, to support the above and more.

Contact us at www.growintegrativehealth.com or 503-856-2488 for more info.

